

# Nampa Health and Wellness Center

1143 12th Ave Rd, Nampa, ID 83686



Presented by  
The TNT Group LLC



## Price: \$18.00 /SF/YR

Limited space remains at Nampa Health & Wellness Center.

One remaining suite of approximately 2,400 square feet is available and can be divided into two 1,200-square-foot suites to accommodate your specific needs.

We are seeking tenants in the health and wellness industry, including medical, dental, therapy, chiropractic, fitness, and related professional services. However, other professional office users will also be considered.

Located within an established and growing professional campus, this space offers a modern environment surrounded by well-known Nampa businesses and healthcare providers.

Whether you need 1,200 square feet or the full 2,400 square feet, this is an excellent opportunity to customize your space in one of Nampa's premier professional centers.

# Nampa Health and Wellness Center

1143 12th Ave Rd, Nampa, ID 83686



Close to Hospital  
Easy access off main boulevard  
Build to suit  
Flexibe lease terms



**Tom Koltes**

[tom@tntidaho.com](mailto:tom@tntidaho.com)

(208) 936-2768 Ext: 302

**The TNT Group LLC**

270 W Georgia Ave, Suite 100

Nampa, ID 83686



# **Nampa Health and Wellness Center**

1143 12th Ave Rd, Nampa, ID 83686

1143 12th Ave Rd, Nampa, ID 83686



20260531\_110152

## Listing space

### 1st Floor Ste 110

Space Available	2,400 SF
Rental Rate	\$18.00 /SF/YR
Date Available	June 01, 2026
Service Type	Triple Net (NNN)
Space Type	Relet
Space Use	Office
Lease Term	5 Years

Limited space remains at Nampa Health & Wellness Center. One remaining suite of approximately 2,400 square feet is available and can be divided into two 1,200-square-foot suites to accommodate your specific needs. We are seeking tenants in the health and wellness industry, including medical, dental, therapy, chiropractic, fitness, and related professional services. However, other professional office users will also be considered. Located within an established and growing professional campus, this space offers a modern environment surrounded by well-known Nampa businesses and healthcare providers. Whether you need 1,200 square feet or the full 2,400 square feet, this is an excellent opportunity to customize your space in one of Nampa's premier professional centers.

# Nampa Health and Wellness Center

1143 12th Ave Rd, Nampa, ID 83686

## Location

